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ALLERGY & ASTHMA
SPECIALISTS, P.A.



Clinical Research Institute, Inc.

18th Annual Allergy & Asthma Conference



Friday, March 18, 2016

Presented at:
Marriott Minneapolis West
9960 Wayzata Blvd.
St. Louis Park, Minnesota
952-544-4400



Allergy & Asthma Specialists, P.A. • Clinical Research Institute, Inc.
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Allergy & Asthma Specialists, P.A.
Clinical Research Institute, Inc.
825 Nicollet Mall, Suite 1135
Minneapolis, MN 55402

Dear Colleague,

We are pleased to invite you to attend the **18th Annual Allergy & Asthma Conference**. This conference is directed specifically to NPs, PAs, RNs, LPNs, RTs, pharmacists, medical assistants, and other health care professionals who care for patients with a variety of allergic, asthmatic, and related respiratory conditions, including COPD. This year's conference includes current and practical information regarding asthma, COPD, venom anaphylaxis, penicillin allergy, contact dermatitis, and sinusitis. The recently released "LEAP" trial regarding early introduction of peanut protein in infant diets will be reviewed. A special guest speaker presentation will address the options for improved asthma control. Case study scenarios will be included in the presentations to bring a "real world" approach to the audience. All participants will have the opportunity to observe and perform spirometry, as well as have hands-on practice using a variety of medication delivery devices.

Previous conferences have been invigorated with lively participation by speakers and attendees in the Q & A sessions. We look forward to the educational benefit your questions bring to the conference this year.

We hope you will be able to take advantage of this educational opportunity, as well as take time to share a day with your peers who treat and teach patients with allergies, asthma, COPD, food allergy, and related disorders.

Please take a few moments to review the program schedule and note our program location at the Marriott Minneapolis West in St. Louis Park.

Mary Anne Elder, RN, MS, FNP, AE-C
Educational Program Director
Allergy & Asthma Specialists, P.A. and Clinical Research Institute, Inc.

ACCREDITATION

New for Certified Asthma Educators! To satisfy the requirement for AE-C renewal of certification, CE applicable to asthma must be provided by or approved by a NAECB Recognized Provider. NAECB Recognized Providers are marked with a *. NAECB Certificants re-certifying by CE are responsible for determining and reporting applicable hours.

Nurses: Meets the **Minnesota Board of Nursing** continuing education requirements for 8.7 credit hours.

Pharmacists: Approved for 8.75 credit hours by the **Minnesota Board of Pharmacy** Continuing Education.

PAs: Approved for 7.25 category 1 CME credit hours by the **AAPA**.*

RTs: Approved for 7.25 contact hours of CRCE credit by the **AARC**.*

Accreditation approval pending:

Nurse Practitioners: Approval pending for credit hours by the **AANP**.*

PROGRAM OVERVIEW

Allergy & Asthma Specialists, P.A. and Clinical Research Institute, Inc. are excited to again make available a day-long program for nurses, nurse practitioners, pharmacists, physician assistants, respiratory therapists, medical assistants, and other allied health team members with an interest in allergic diseases, asthma, COPD, sinusitis, and related disorders.

The latest updates regarding asthma, COPD, venom anaphylaxis, allergic disease management, to include contact dermatitis and penicillin allergy, will be reviewed. Presentations include a very timely discussion about recommendations for early introduction of peanut protein into the diets of high risk children. Other specific areas of focus will include a review of sinusitis management, and case study presentations on pediatric asthma and food allergy. The Harold B. Kaiser Honorary Lectureship will feature a presentation by Dr. William Busse from the University of Wisconsin-Madison on the options for optimal asthma control.

Our goal is to provide evidence based information on allergic diseases, asthma, COPD, food allergy and related disorders, to increase awareness of these diseases, and provide current disease management and patient education strategies.

COURSE OBJECTIVES

At the conclusion of the 18th Annual Allergy & Asthma Conference attendees will be able to:

- Describe information to obtain from patients who declare themselves penicillin allergic
- Describe the characteristics of less than optimal asthma control
- Identify the pharmaceutical options for patients with COPD
- Identify the subjective and objective findings associated with sinusitis
- Describe the current impact of peanut allergy and anaphylaxis on adult and pediatric populations
- Identify the hymenoptera insects that can induce anaphylaxis
- Identify the differential diagnostic points for contact dermatitis
- Identify signs and symptoms leading to the diagnosis of pediatric asthma or food allergy in presented cases
- Participate in the live question and answer panel sessions with conference presenters

AGENDA

TIME	TOPIC	SPEAKER
7:15 to 7:45	Registration/ Continental Breakfast	
7:45 to 8:00	Welcome/Opening Remarks	Mary Anne Elder, RN, MS, FNP-C, AE-C <i>Allergy & Asthma Specialists, P.A.</i>
8:00 to 8:45	Penicillin Allergy and All That Jazz: A Personal and Practical Approach	Harold B. Kaiser, MD <i>Allergy & Asthma Specialists, P.A.</i>
8:45 to 9:30	<i>Harold B. Kaiser Honorary Lectureship</i> What are the Choices for Improved Asthma Control?	William W. Busse, MD <i>University of Wisconsin Medical School Madison, WI</i>
9:30 to 10:15	COPD: Pharmaceutical Therapy and Beyond: What about exercise, vaccines, oxygen, and smoking?	Philip C. Halverson, MD <i>Allergy & Asthma Specialists, P.A.</i>
10:15 to 10:30	Break	
10:30 to 11:15	Sinusitis: Correct Diagnosis for the Correct Treatment	Gary D. Berman, MD <i>Allergy & Asthma Specialists, P.A.</i>
11:15 to 12:00	Update on Food Allergy: The LEAP study	Allan Stillerman, MD <i>Allergy & Asthma Specialists, P.A.</i>
12:00 to 12:30	Question & Answer Panel	ALL
12:30 to 1:30	Lunch	
1:30 to 2:15	Things that Sting: The Current "Buzz" in Stinging Insect Allergy	Richard P. Bransford, MD <i>Allergy & Asthma Specialists, P.A.</i>

TIME	TOPIC	SPEAKER
2:15 to 3:00	Not Just Another Rash: Contact Dermatitis	Hemalini Mehta, MD <i>Allergy & Asthma Specialists, P.A.</i>
3:00 to 3:15	Break	
3:15 to 4:15	Case Studies in Pediatric Asthma and Food Allergy	Nancy L. Ott, MD <i>Allergy & Asthma Specialists, P.A.</i>
4:15 to 4:45	Question & Answer Panel Wrap-Up	ALL

SPEAKERS

- Harold B. Kaiser, M.D.
Allergy & Asthma Specialists, P.A.
- William W. Busse, M.D.
University of Wisconsin, Madison, WI
- Philip C. Halverson, M.D.
Allergy & Asthma Specialists, P.A.
- Gary D. Berman, M.D.
Allergy & Asthma Specialists, P.A.
- Allan Stillerman, M.D.
Allergy & Asthma Specialists, P.A.
- Richard P. Bransford, M.D.
Allergy & Asthma Specialists, P.A.
- Hemalini Mehta, M.D.
Allergy & Asthma Specialists, P.A.
- Nancy L. Ott, M.D.
Allergy & Asthma Specialists, P.A.

LOCATION & DIRECTIONS



Marriott
MINNEAPOLIS WEST
ST. LOUIS PARK

Marriott® Minneapolis West St. Louis Park
9960 Wayzata Boulevard, Minneapolis, MN 55426
Ph: (952) 544-4400 Fx: (952) 545-2851
Marriott.com/MSPSP



**Directions from the Minneapolis/St. Paul
International Airport**
Take 494 West to Highway 169 North; go past
394 and take Betty Crocker/Shelard Parkway exit;
turn left at lights (cross 169), follow Shelard Parkway.

Directions from the East
Take Interstate 394 West to Highway 169 North;
take the first exit (Betty Crocker/Shelard Parkway);
turn left at lights (cross 169); follow Shelard Parkway.

Directions from the West
Take Interstate 394 East to the Hopkins Crossroads
Exit (County Road 73); go right (cross 394); take right
onto Frontage Road; take a left onto Shelard Parkway.

Directions from the North
Take Highway 169 South to Betty Crocker/Shelard
Parkway Exit; turn left at lights onto Shelard Parkway.

*Limited number of rooms available at the Marriott Minneapolis West
for conference attendees. Please call hotel at 952-544-4400 for
availability and details (special rate - \$129.00). Mention the
18th Annual Allergy & Asthma Conference when calling.*

EXHIBITORS:

A Gift of Miles, American Lung Association
Exhibit participation and confirmation pending from:
Aerocrine, Alcon, Anaphylaxis and Food Allergy Association of
Minnesota, AstraZeneca, Circassia, Food Allergy Support Group of
Minnesota, Genentech, GlaxoSmithKline, Mead Johnson Nutrition,
Mylan, Novartis, Sanofi-Aventis, TEVA

REGISTRATION FORM

**18th Annual Allergy & Asthma Conference
Friday, March 18, 2016
Marriott Minneapolis West Hotel**

Sign up for: **Registration Deadline** **Price**
Before or on 03/01/16 \$185.00
After 03/01/16 \$200.00

First Name _____ Last Name _____

Title: (RN, NP, PharmD, RT, PA, LPN, MA, other-specify) _____

License/certification # _____

Street Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Method of Payment

- Check Please make checks payable to:
Clinical Research Institute, Inc.
 Credit Card
(MasterCard or VISA only, please)

Credit Card # _____ Exp. date _____

SVV# _____

Name on the card (if different from above) _____

Card billing address (if different from above) _____

Street Address _____ Zip _____

Signature _____

- Cancellations must be received before March 8, 2016 to receive a refund minus a \$25 processing fee.

Course fee includes breakfast, refreshments, lunch.

*Printed handouts will NOT be provided. Upon request, handouts can be e-mailed for
downloading and printing by participants prior to the conference. All participants will
receive a flash drive containing conference handouts upon checking in at registration.*

- Please bring a light jacket or sweater as meeting room temperature may be cool.

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